

# LITURGY FOR THE FIFTH SUNDAY IN ORDINARY TIME

## ENTRANCE PROCESSION

Lord, we come to ask your healing

456

## GLORIA

Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.

*Gloria, gloria, in excelsis Deo; gloria, gloria in excelsis Deo.*

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.

## FIRST READING

*Job 7:1-4, 6-7*

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

## RESPONSORIAL PSALM

*Praise the Lord who heals the broken hearted.*

Praise the Lord for he is good;  
sing to our God for he is loving:  
to him our praise is due  
to him our praise is due.

The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.

Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly;  
he humbles the wicked to the dust.

## SECOND READING

*1 Corinthians 9:16-19, 22-23*

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing.

## GOSPEL

*Mark 1:29-39*

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.



## PREPARATION OF GIFTS HYMN

In you, my God

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## HOLY, HOLY

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest. Hosanna in the highest.

## MEMORIAL ACCLAMATION

Dying you destroyed our death, rising you restored our life.  
Lord Jesus, come in glory.

## LAMB OF GOD

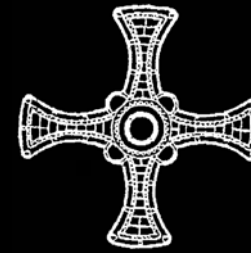
(Cantor sings verse)  
Have mercy on us, have mercy on us, grant us peace.  
Have mercy on us, have mercy on us, grant us peace.

## RECESSIONAL HYMN

I am the light

350

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# Parish of Our Lady and St Cuthbert

The Catholic faith community serving North Carrick



Parish Priest: **Father Stephen G McGrattan**

Our Lady and St Cuthbert's Presbytery, 28 Dailly Road, Maybole, KA19 7AU

Telephone: 01655 882145

Fax: 01655 882173

Email: [info@olasc.org.uk](mailto:info@olasc.org.uk)

Web: [www.olasc.org.uk](http://www.olasc.org.uk)

Church hall and bookings: Tom McCahill (882884)

Our Lady & St Cuthbert's, Maybole, a parish of the R C Diocese of Galloway. Charity number SC010576.

### Sunday Masses

Saturday Vigil 5.30 pm. Sunday 9.30 am  
**Teas in the hall after Sunday Mass**

**Weekday Mass**  
Mon 9 am

**Celebration of Word and Communion**  
Tue, Wed, Thu, Fri 9 am

**Sacrament of Confession**  
After Vigil Mass and when requested

### Mass intentions this week:

Sat: John McLarty (Ann)  
Sun: James McCarton (Ann)  
Mon: Linda Connolly (Spec Int)  
Next Sat: Betty Corbett (Ann)  
Next Sun: James Davidson (Ann)

**Sacrament of Baptism**  
Forms available at the back of the church

### Feastdays this week:

Tuesday: St Scholastica  
Saturday: St Cyril and St Methodius

### Sacrament of Marriage

At least six months notice is required

## PARISH PRAYER

Lord our God,  
we the people of Our Lady and Saint Cuthbert's Parish  
offer ourselves to you to be your people in this place,  
to be your Church in this community,  
to be agents of peace and forgiveness and love.  
Help us to face what the future holds,  
and to make new beginnings in your name. Amen.

## PRAYER FOR VOCATIONS

Lord, make me a better person: more considerate toward others,  
more honest with myself, more faithful to you.  
Help me to find my true vocation in life and grant that through it  
I may find happiness myself and bring happiness to others.  
Grant, Lord, that those whom you call to enter priesthood  
or religious life may have the generosity to answer your call,  
so that those who need your help may always find it.

## THE FIFTH SUNDAY IN ORDINARY TIME OF YEAR B SUNDAY 7th FEBRUARY 2009

In his short public life Jesus performed many miracles of healing, releasing people from suffering and misery. Today's gospel points to the strong foundation on which his ministry was founded – union with his Father in prayer. Jesus filled his life with prayer, always listening to the voice of his Father. He said that he never did or said one single thing except what he had seen his Father do or say. In today's Gospel we see this deep heart desire to pray take Jesus to a lonely place after a busy day of preaching and healing, and before extending his ministry the following day to the neighbouring towns.

Today we have this same power in prayer in so far as we are in union with Christ. As we try to follow his example, we grow in the conviction that prayer is one of the most powerful weapons we have been given, one which Satan fears. The Church too encourages us to be a community of prayer and provides us with the Eucharist, the most powerful setting for prayer. Our Sunday Eucharist can be a firm foundation for whatever the coming week will bring. In this we follow the Master's example.

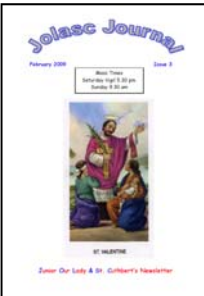
Items for inclusion in this newsletter should be given in writing  
to David Kiltie (882644 or [david.kiltie@virgin.net](mailto:david.kiltie@virgin.net))

Last week's collection: £677.31.  
Education Sunday: £267.30. Thank you.

**YOUTH MASS NEXT SATURDAY**

After next Saturday's youth Mass there will be a trip to LA Bowl in Ayr for young parishioners aged primary 7 and secondary school age. If you would like to go please phone Denise as soon as possible on 882760. Places are limited. Cost £3.

Also please take a copy of the JOLASC Journal which was recently prepared by our young parishioners.



This month's issue features interesting details about Robert Burns' life, what's on for young people in the parish, St Valentine's day puzzles, and some advice on how to pray.

**CONDOLENCES:** The prayers of the parish are with the Corbett family who recently lost Betty. Jean Wallace, of Bryant's Close died on Wednesday and her funeral service will take place at 10 am on Monday 9th February followed by a committal at Maybole cemetery at 10.30 am. May they rest in peace.

**EASTER SEASON 'THOUGHT FOR THE DAY' STYLE REFLECTIONS:**

As a deanery, we hope to undertake an exciting project for the Easter season. The project is to encourage us to spend time in prayer each day. For each of the days from Easter to Pentecost, a short 'radio thought for the day' style recording would be made by one of the priests or

by a lay person in the deanery. The recorded reflection would be based on the reading at Mass for that day. Both the reading and the reflection would be joined together and quiet music would be set in the background. The entire reflection, for each day of Easter, would be made available on a website and would be available for people to download, listen to and use for their daily prayer during Eastertide. The reflection on the reading would only be two or three minutes long.

We need volunteers who would be willing to make a short recorded reflection based on a scripture reading from the Eastertide Masses. Readings will be allocated, and arrangements for

recording made in due course. If you would like to be one of the people who makes a recording for this project please contact Fr Stephen McGrattan on [info@olasc.org.uk](mailto:info@olasc.org.uk) or 01655 882145, with your name and contact details, so we can provide more information. We will be delighted to hear from you and look forward to many people collaborating to help us pray better during Eastertide. We need your support to make this project a success.

**ANNUAL LOURDES MASS FOR THE SICK:**

The annual Mass of the Lourdes Hospitalité with Anointing of the Sick will take place on 15<sup>th</sup> February at 3.30 pm in Sacred Hearts of Jesus and Mary Parish, Girvan. All are welcome.

After Mass tea and coffee will be served, and then the Hospitalité will hold their Annual General Meeting.

**BISHOP TAYLOR** will deliver the second of two talks on "Liturgy and the Mass" in the Catholic Hall in Girvan on Monday 9th February. The talk begins at 7 pm and finish at 8.30 pm with tea, coffee and biscuits. All welcome.

**SINGING THE MASS:** is an event for those involved in music ministry in their parishes. Over an afternoon, music for the Vigil Mass will be learned and prepared. The event will take place on Saturday 14th February in Our Lady of Lourdes and St Patrick's, Sorn Road, Auchinleck. For singers the event begins

at 1.00 pm and will finish with the parish Mass which starts at 6.00 pm. Instrumentalists are invited to an earlier rehearsal at 12 noon. Booking forms are available from Nicola Lawrence or Fr Stephen.

**APPEAL FOR VOLUNTEERS TO CLEAN THE CHURCH HALL:**

There is a real need for more volunteers to clean the hall. The commitment will be one hour every three or four weeks, and at a time that can be arranged to suit you. Please let Frances Campbell (884034) know if you can help. Also, if you appear on the rota of cleaners and are no longer able to clean the hall will you please let Frances know. Thank you.

**PARISH PASTORAL COUNCIL NOMINATIONS INVITED NOW**

**This weekend nominations will be invited for people to stand for election to the Parish Pastoral Council for the next year. You may nominate someone you think has the gifts to fulfil this role well, or put yourself forward.**

The parish pastoral council is made up of a representative group of people from the parish community.

Parish council members work in close collaboration with the priest to build up the mission of Jesus Christ and his Church in this part of Carrick. Priest and people can work together to better enable the Christian community to be a place of real faith, mission, worship and service.

In particular they should facilitate the coordination of parish services regarding:

- proclaiming the Word of God and forming the faith formation, especially for the young,
- fostering the sacramental, liturgical and prayer life of the parish,
- supporting marriage and family life,
- enabling the lay faithful to carry out their particular vocation of shaping society in accordance with the Gospel.
- strengthening commitment to social justice and caring for the marginalised, thereby ensuring that the parish communities be true witness to the love of Jesus.

Members will be expected to attend meetings six times a year on Sundays evenings. They are also expected to participate in the annual residential retreat which takes place this year in Skelmorlie from the evening of Friday 8th May until the afternoon of Sunday 10th May. Please pray that we will elect a committed parish council and do not be afraid to volunteer!

If you are nominated, Fr Stephen will contact you to find out if you are willing and able to stand for membership. You will also be given more details of what is involved. If an election is needed it will take place on Sunday 22nd February. Please leave nomination forms at the back of the church.

**INVITATION TO PRAY DURING LENT: WEEK OF GUIDED PRAYER**

**Last December, because of freezing conditions and snow, the guides for the Week of Guided Prayer were unable to travel to lead the participants. They did, however, agree to return and the Week of Guided Prayer has been rescheduled during the Third Week of Lent. This can be an excellent way to take time to prepare for Easter. More details are given below.**

Lent, which begins with Ash Wednesday on 25th February, is a time to spring-clean our spiritual lives. The traditional methods we use are prayer, fasting and almsgiving. We can be good at giving things up and at giving to charity, but do we find it as easy to spend time in prayer?

From Sunday 15th March to Friday 20th March the parish is offering a Week of Guided Prayer to help us pray well during Lent and be ready to experience Easter in a more spiritual way.

**What is a Week of Guided Prayer?**

Well, it is not a retreat, because you do not go away! The activity takes place in the context of your everyday life. During this week you are invited to increase your awareness of God in ordinary life, to immerse your life in prayer.

**How do I do this?**

Trained prayer guides will meet with those who wish to take part on Sunday 15th March at 7.00 pm in the church. Participants will join in a short prayer service that evening, and will receive a passage from Scripture and will be allocated a personal prayer guide. With the Scripture passage there will be

guidelines and tips on how to pray with the passage.

Every day that week you are expected to spend 1/2 hour praying the Scripture passage. Each evening you will meet with the prayer guide at church, at a time to be arranged. The time with your guide will be one-to-one sharing, and anything shared will be kept confidential. The meeting will last up to 30 minutes and allows you to speak about your prayer time that day and, where necessary, be guided to other Scripture passages that may help you experience the presence of God in your life.

During the evening meetings with the prayer guides, the Blessed Sacrament will be exposed in the church and all parishioners are welcome to come and adore Jesus at this time.

On Friday 20th March, after the individual meetings with prayer guides, there will be a short closing service.

**Why take part?**

We receive faith from our families, from friends, for our schooling. Sometimes we need to take time to make the faith we receive our **own** faith, and not someone else's. This prayer experience will change you and help you to see where God is in your life, and to remember that God is in all things.

God sends this opportunity through the parish and the prayer guides for us to grow closer to him and to know him better.

**How do I find out more or to put my name down?**

Speak to Fr Stephen or Ellen Hawkes, or put your name on the list on the noticeboard at the back of the church. If transport, or getting to and from church is a problem please let us know.

**150 CLUB PARISH DANCE**

The dance takes place in the Carrick Sports' Club (Speakers' Club) on Friday 27th February, and begins at 8.00 pm for the buffet to be served at 8.30 pm. The dance will run until 1.00 am. Tickets are available from the 150 Club committee members after Masses or from Jim McDermott on 882592. Tickets cost £2.50 for 150 Club members and £7.50 for non-members. Please come along to support the parish and help build a stronger sense of community.

Ask the Lord of the harvest to send labourers to His harvest

**"Everyone is searching for You."** If your search for the Lord is leading you to a vocation to the priesthood or consecrated life, please speak to your parish priest or to the Diocesan Vocations Director, Father Stephen Latham, [stephen.p.latham@btinternet.com](mailto:stephen.p.latham@btinternet.com) or visit the Priests for Scotland National Vocations website at [www.priestsforScotland.org.uk](http://www.priestsforScotland.org.uk)

**MINISTERS FOR SUNDAY CELEBRATIONS OF THE EUCHARIST THIS WEEK AND NEXT WEEK**

	READER	PRAYER BEFORE MASS & BIDDING PRAYERS	EUCCHARISTIC MINISTERS	PASSKEEPERS	ALTAR SERVERS	MUSIC	SUPERVISOR FOR YOUNG LIT	BELL RINGER	COUNTERS
Sat 7 Feb 5th in OT	Matthew Reilly	Ellen Hawkes	Doreen Donald John Malone	John Sabbatini David Malone Snr.	Owen, Connor, Phoebe, Ronan, Emily	Nicola Lawrence		Jim Campbell	Doreen Donald Robin Donald
Sun 8 Feb 5th in OT	Tom Dowman	Eileen Hamilton	Betty McCaffery Dennis McCaffery	Jim McDermott Kate Spratt	Rachel, Rebecca, Justin, David, Suilven	Maria Newlands	David Strang	Laura Kiltie	
Sat 14 Feb 6th in OT Youth Mass	Ali Roy	Paul Strang	Rhiain Collins Phoebe McDowall	Owen McDowall Caoimhe Hunter Blair	Kyle, Ross, Kieran, Patrick, Ciera	Youth		Robin Donald	Nancy Flanagan Chris Connolly Betty McCaffery
Sun 15 Feb 6th in OT	Gillian Thomson	Elizabeth Meek	Cindy McEwan Nancy Flanagan	Chic McDermott Jim Campbell	Chloe, Jody, Brody, Zak, Niall	Maria Newlands	Gerry Murphy	Laura Kiltie	